

PE and Sports Premium Impact Report

Introduction

This report outlines the impact of the PE and Sports Premium funding at Denewood Academy. The funding has been used to improve access to physical activity, broaden pupils' experiences of sport, develop staff skills, and promote physical and emotional well-being. As an Alternative Academy, many pupils arrive with gaps in physical development, limited prior access to structured sport, and reduced confidence in physical activity. The activities funded this year were designed to reduce these inequalities and support pupils' readiness to learn.

Funding: £11,006.70 (Actual spend = £13170)



Impact Summary by Activity / Action

Activity/Action Spend		Impact	Comments
Nottingham Forest Community Project £1125	•	Delivered targeted interventions for small groups, improving teamwork, confidence and resilience. Pupils engaged in structured physical activities designed to support emotional regulation and cooperation. Included a tour of the City Ground, providing an aspirational experience and strengthening community links. Supported individual and group development using sport as a developmental tool.	Highly successful in motivating pupils and improving social and emotional skills.
AIM Strong – Staff CPD & SAQ Movement Programme £1000	•	Staff upskilled to deliver high-quality SAQ (Speed, Agility, Quickness) movement sessions. Skills from CPD have now been implemented across the academy through timetable changes introducing daily movement breaks. These sessions have improved pupil readiness to learn, physical regulation, and coordination.	Embedding movement breaks has created a sustainable, whole-school physical activity strategy.
Swimming (KS2) £2,301	•	All KS2 pupils accessed swimming sessions in the Autumn and Summer terms. Pupils developed essential water safety and lifesaving skills. Improved swimming proficiency and confidence, demonstrated through pupil voice and instructor feedback. For many pupils, this was their only access to formal swimming lessons.	Strong progress; however, pupils lack experience in varied outdoor water contexts. This remains a vital provision due to limited access outside of school.
Bikeability / Bike Works £1750	•	Excellent engagement, with 100% of pupils passing Level 1 and over 70% passing Level 2. Pupils demonstrated improved balance, road awareness, and safe cycling skills.	Road safety will be built more explicitly into next year's curriculum. Strong pupil enjoyment and engagement.
Boxing Sessions £1,260	•	Pupils introduced to non-traditional sport, supporting behaviour regulation and discipline. High engagement, particularly from pupils who typically struggle in PE. Improved resilience, motivation, and emotional regulation. Positive pupil questionnaire feedback.	Highly successful; boxing to be built into next year's curriculum offer.



Pythian Club – PE / Community Engagement £2,100	 Provided inclusive, high-quality sports sessions delivered by trained coaches. Improved physical activity levels, teamwork, and confidence. Reduced disengagement among pupils at risk of social isolation. Mentoring model strengthened behaviour, resilience, and readiness to learn. 	Pupils accessed opportunities outside school, including free tickets to Premier League, WSL and England matches.
Residential Experience (Eyam)	 Pupils participated in outdoor, physically demanding activities that built resilience and teamwork. Increased confidence, independence, and emotional well-being. Allowed pupils to bond and develop trust following experiences of exclusion. Enabled pupils to try new sports and activities, broadening physical activity participation. 	A highly impactful experience that supported both physical and personal development.
Urban Hockey £2136	 Introduced pupils to an engaging and accessible new sport. Improved fitness, coordination, and teamwork. Strong engagement from pupils less likely to participate in traditional sports. Professional coaching promoted values of respect, effort, and perseverance. 	Effective in diversifying the PE curriculum.
Resources £580.20	 Improved access to high-quality equipment to support delivery of PE and alternative sports. The academy has invested in new equipment accessible for the primary-aged children and appropriate to their needs, ensuring inclusive access to a variety of sports. Contributed to increased physical activity and pupil engagement. 	Ensured sessions remained inclusive and fully resourced.



Swimming Data

Meeting National Curriculum requirements for swimming and water safety.

Question	Stats:	Further context
What percentage of your current Year 6 cohort can swim	100%	
competently, confidently and proficiently over a distance of at	10070	
least 25 metres?		
What percentage of your current Year 6 cohort can use	80%	Some of the pupils require further
a range of strokes effectively [for example, front crawl,		support with developing the strokes effectively. This
backstroke, and breaststroke]?		will be shared with their next setting.
What percentage of your current Year 6 cohort are able	100% in a pool setting but	Due to the nature of the setting, pupils haven't had
to perform safe self-rescue in different water-	not demonstrated in different	the opportunity to swim in different water-based
based situations?	water-based situations.	situations.
If your schools swimming data is below national	No	Due to the nature of our setting, the academy is not
expectation, you can choose to use the Primary PE and sport		a long term destination. The pupils will move to a
premium to provide additional top-up sessions		specialist setting or return to mainstream
for those pupils that did not meet National Curriculum		for this additional support to be put into place.
requirements after the completion of core lessons. Have you		
done this?		
Have you provided CPD to improve the knowledge and	No	
confidence of staff to be able to teach swimming and water		
safety?		



Overall Impact of Sports Premium Funding

The Sports Premium has had a significant positive impact across the academy:

- · Greater participation in physical activity and structured sport.
- Increased readiness to learn through physical regulation opportunities.
- Broadened experience of sports beyond the traditional curriculum.
- Improved emotional well-being, resilience, and teamwork skills.
- Enhanced staff capacity to deliver high-quality PE.
- Improved national curriculum outcomes in swimming.

The funding has supported pupils who often arrive at the academy with low confidence, limited experience of organised sport, and emotional or behavioural barriers. Through diverse, engaging physical activities, pupils have developed lifelong skills relating to fitness, confidence, personal safety, and healthy lifestyles.

Sustainability and Next Steps

- Embed boxing, cycling, and alternative sports into the core PE curriculum.
- Strengthen road safety education within Bikeability.
- Extend partnerships with external coaches to build capacity.
- Increase outdoor and adventurous activity opportunities.
- Explore CPD for swimming instruction to enhance in-house provision.

Through continued strategic use of Sports Premium funding, Denewood Academy will further enhance access to high-quality physical activity, ensuring pupils receive the physical, emotional, and social benefits they need to thrive.