

# About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.



## Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

## Free School Meals

School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office. If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at <https://www.gov.uk/apply-free-school-meals>

## Theme Days

Winter Warmer- 16<sup>th</sup> January  
Chinese New Year - 29<sup>th</sup> January  
World Book Day- 6<sup>th</sup> March  
St Patrick's Day 17<sup>th</sup> March  
VE Day-British Day - 8<sup>th</sup> May  
Sausage Roll Day - 5<sup>th</sup> June  
Leavers Day - July

## Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and salt.

## Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet please complete our form


<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



Week: 1  
 Date: 24<sup>th</sup> Feb, 17<sup>th</sup> March, 22<sup>nd</sup> April, 12<sup>th</sup> May,  
 9<sup>th</sup> June, 30<sup>th</sup> June, 21<sup>st</sup> July



# Denewood

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Main

Chicken & Tomato Pasta served with Seasonal Vegetables

Ham & Sweetcorn Pizza served with ½ Jacket Potato & Salad

Roast Pork, Yorkshire Pudding & Gravy, Roast Potatoes and Seasonal Vegetables

Beef Chilli served with Rice and Seasonal Vegetables

Fish MSC Bubble Crumb served with Chips and Peas

Cheese & Potato Pie served with Baked Beans

Cheese & Tomato Pizza served with ½ Jacket Potato & Salad

Quorn Roast, Yorkshire Pudding & Gravy, Roast Potatoes and Seasonal Vegetables

Quorn Fajita Wrap served with Rice & Seasonal Vegetables

Veggie Balls & Gravy served with Chips and Peas

Jacket Potato served with Tuna or Cheese or Beans and Salad

Jacket Potato served with Tuna or Cheese and Salad

Jacket Potato served with Tuna or Cheese and Salad

Jacket Potato served with Tuna or Cheese and Salad

Jacket Potato served with Tuna or Cheese and Salad

Halal Chicken Dal with Rice, Flatbread & Seasonal Vegetables

Halal Chicken, Gravy Yorkshire Pudding Roast Potatoes Seasonal Vegetables

Halal Chicken sausage served with Chips and Peas

Dessert

Oaty cookie

Homemade Biscuit

Chocolate Brownie

Apple Crumble Sponge & Custard

Chocolate Angel Delight & Fruit

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad


Fresh Fruit Salad



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Week: 2  
 Date: 3<sup>rd</sup> March, 24<sup>th</sup> March, 28<sup>th</sup> April, 19<sup>th</sup> May,  
 16<sup>th</sup> June, 7<sup>th</sup> July

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# Denewood

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Main

Sausage with Mashed Potatoes, Gravy & Seasonal Vegetables

Chicken Masala Curry with Rice, Flatbread and Seasonal Vegetables

Roast Chicken, Stuffing & Gravy, Mashed Potatoes and Seasonal Vegetables

Beef & Baked Bean Bolognese served with Pasta & Salad

Fish Fingers served with Chips and Peas

Veggie Sausage with Mashed Potatoes Gravy, & Seasonal Vegetables

Cheese & Tomato Pizza served with Diced Potatoes & Seasonal Vegetables

Quorn Roast & Gravy, Mashed Potatoes and Seasonal Vegetables

Cheese Snack served with Mashed Potatoes & Baked Beans

Fishless Finger served with Chips and Peas

Jacket Potato served with Tuna or Cheese and Salad

Jacket Potato served with Tuna or Cheese and Salad

Jacket Potato served with Tuna or Cheese and Salad

Jacket potato served with Cheese & Beans

Jacket Potato served with Tuna or Cheese and Salad

Halal Chicken Tikka served with Rice, Flatbread & Seasonal Vegetables

Halal Chicken, Gravy, Yorkshire Pudding & Gravy, Roast Potatoes Seasonal Vegetables

Halal Chicken Dal served with Rice, Flatbread & Seasonal Vegetables

Dessert

Shortbread Biscuit  
Milk  
Fresh Fruit Salad

Flapjack & Raisins  
Fresh Fruit Salad

Chocolate & Orange  
Cookie  
Fresh Fruit Salad

Chocolate Sponge & Chocolate Custard

Cornflake Tart  
Custard

Fresh Fruit Salad

Fresh Fruit Salad



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Soil Association



Week: 3  
Date: 10<sup>th</sup> March, 31<sup>st</sup> March, 6<sup>th</sup> May, 2<sup>nd</sup> June, 23<sup>rd</sup> June, 14<sup>th</sup> July

# Denewood

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



Main

Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables

BBQ Chicken served with Potato Wedges and Seasonal Vegetables

Pork Sausage, Gravy Yorkshire Pudding & Mashed Potatoes and Seasonal Vegetables

Teriyaki Chicken served with Rice & Seasonal Vegetables

Fish Fingers served with Chips & Baked Beans

Veggie Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables

Cheese & Tomato Pizza served with Potato Wedges and Seasonal Vegetables

Veggie Sausage, Gravy Yorkshire Pudding & Mashed Potatoes and Seasonal Vegetables

Sweet Potato Curry served with Rice & Flatbread Seasonal Vegetables

Cheese Snack with Chips & Baked Beans

Jacket Potato served with Tuna or Cheese and Salad

Jacket Potato with Cheese or Tuna with Salad

Jacket Potato with Tuna or Cheese & Salad

Jacket Potato with Tuna or Cheese & Salad

Jacket Potato served with Tuna or Cheese or Beans and Salad

Halal Beef Bolognese served with Pasta and Seasonal Vegetables

Halal Chicken, Gravy, Yorkshire Pudding & Gravy, Roast Potatoes Seasonal Vegetables

Halal Chicken Tikka served with Rice, Flatbread & Seasonal Vegetables

Dessert

Chocolate Shortbread with Milk

Jelly & fruit

Lemon Drizzle Muffin

Fruit Crumble & Custard

Oaty Cookie Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



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