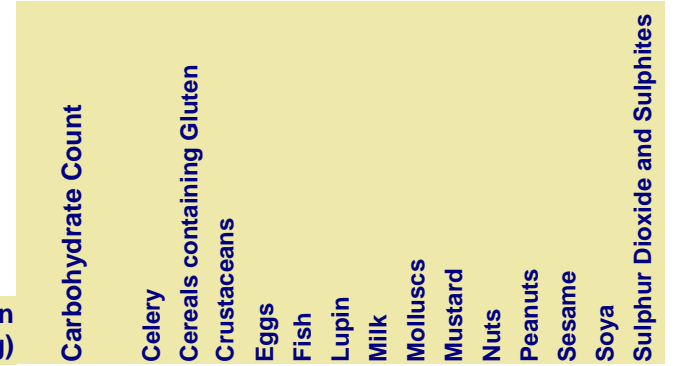


Nutrition Plan: DENE24/2

September 24 Week 2 Denewood

Legend	
	Contains
	May Contain
	Does Not Contain
	No Information



Group	Menu Item	Recipe Code	Sub Recipe Codes	Portion Size (g)	Carbohydrate Count	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide and Sulphites
D1Main	Sausages	R00104	R00104	62.50	6.44g														
D1Main	Veggie Cumberland Sausage	R00105	R00105	50.00	4.05g														
D1Veg	Carrots	R00068	R00068	60.00	4.74g														
D1Carb	Mashed Potatoes	R00005	R00005	125.00	20.67g														
D1Desserts	Shortbread Biscuit	R00012	R00012	45.10	25.30g														
D2Main	Pasta with Tomato & Basil Sauce	R00047	R00047	205.25	38.85g														
D2Veg	Sweetcorn	R00039	R00039	50.00	4.05g														
D2Carb	Baguette Slice	R00070	R00070	25.00	12.00g														
D2Desserts	Lemon drizzle cup cakes	R00477	R00477	66.20	31.24g														
D3Main	Quorn Roast & Gravy	R00053	R00053	54.33	3.98g														
D3Main	Roast Chicken	R00109	R00109	56.25	0.00g														
D3Veg	Vegetable Medley	R00072	R00072	50.00	2.21g														
D3Carb	Mashed Potatoes	R00005	R00005	125.00	20.67g														
D3Carb	Yorkshire Pudding	R00106	R00106	14.00	5.18g														
D3Desserts	Oaty Cookie	R00013	R00013	51.03	28.98g														
D4Main	Beef & Baked Bean Ragu	R00616	R00616	123.39	5.55g														
D4Main	Cheese & Tomato Panini	R00054	R00054	135.00	48.88g														

Nutrition Plan: DENE24/2

September 24 Week 2 Denewood

Legend

- Contains
- ◐ May Contain
- Does Not Contain
- * No Information

Group	Menu Item	Recipe Code	Sub Recipe Codes	Portion Size (g)	Carbohydrate Count	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide and Sulphites	
D4Main	Tuna Panini	R00271	R00271	165.00	48.86g	○	●	○	●	●	○	○	○	○	○	○	○	○	○	○
D4Carb	Jacket potato (60)	R00009	R00009	187.50	43.00g	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
D4Desserts	Chocolate Custard	R00032	R00032	94.00	11.08g	○	○	○	○	○	○	●	○	○	○	○	○	○	○	○
D4Desserts	Chocolate sponge	R00031	R00031	67.60	29.40g	○	●	○	●	○	○	○	○	○	○	○	○	○	○	○
D5Main	Cheese & Tomato Pizza Round	R00066	R00066	103.17	19.88g	○	●	○	◐	○	○	●	○	○	○	○	○	○	○	○
D5Main	Fish Fingers MSC	R00096	R00096	75.00	15.00g	○	●	○	○	●	○	○	○	○	○	○	○	○	○	○
D5Carb	Chips	R00007	R00007	100.00	21.00g	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
D5Desserts	Chocolate Crunchies	R00034	R00034	41.00	24.42g	○	○	○	○	○	○	◐	○	○	○	○	○	○	◐	○
Mains	Jacket Potato with Beans	R00060	R00060	320.00	53.50g	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Mains	Jacket Potato with Beans and Cheese	R00161	R00161	340.00	53.52g	○	○	○	○	○	○	●	○	○	○	○	○	○	○	○
Mains	Jacket Potato with Cheese	R00059	R00059	225.00	43.03g	○	○	○	○	○	○	●	○	○	○	○	○	○	○	○
Mains	Jacket Potato with Tuna Mayonnaise	R00049	R00049	260.00	34.97g	○	○	○	●	●	○	○	○	○	○	○	○	○	○	○
Veg	Baked Beans	R00062	R00062	70.00	10.50g	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Veg	Mixed Salad	R00040	R00040	101.20	2.05g	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Dessert	Fresh Fruit Salad	R00011	R00011	94.79	10.87g	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Peas	R00010	R00010	50.00	5.50g	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○