

Nutrition Plan: WestB24ext

February 24 West Bridgford allergen extras

Legend

- Contains
- ◐ May Contain
- Does Not Contain
- * No Information

Group	Menu Item	Recipe Code	Sub Recipe Codes	Portion Size (g)	Carbohydrate Count	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide and Sulphites	
Mains	Chicken Pie in White sauce	R0000C	R0000C	198.38	11.21g	○	●	○	○	○	○	○	○	○	○	○	○	○	○	○
Mains	Jacket Potato with Cheese	R00059	R00059	225.00	43.03g	○	○	○	○	○	○	●	○	○	○	○	○	○	○	○
Mains	Quorn Fishless fingers	R00146	R00146	40.00	11.68g	○	●	○	○	○	○	○	○	○	○	○	○	○	○	○
Mains	Salmon Fish Fingers	R00276	R00276	50.00	10.00g	○	●	○	○	●	○	○	○	○	○	○	○	○	○	○