

Denewood Academy – Personal Development Curriculum

Year	Term	Topics	In these sessions pupils will learn	Key knowledge that builds on	Assessment
2023	Autumn 1	PSHE: Being me in my world	Who am I? My influences Peer pressure and belonging My online identity What are the consequences of what I say and do online	Understanding myself Being a Citizen of My Country Responsibilities Rewards and Consequences Our Learning Charter Owning our Learning	Teacher observation and formative assessment
		Computing: E- safety	My online identity Being confident and safe on the computer What are the consequences of what I say and do online? Understanding their digital footprint.	Personal safety online Owning our Learning	Teacher observation and formative assessment
		Careers and offsite education Walesby Forest Drone workshops Ideagen assembly Chess tournament	Teamwork Resilience Confidence Introduction to the technology industry	Building confidence and resilience Communication skills Openness to try new things Career pathways	Teacher observation and formative assessment
		Topic: History World War 2	Culture in Nottingham during the war	Debating Communication skills Organising skills	Teacher observation and formative assessment
		Enrichment: Nottingham Climbing Centre.	Students to learn how to climb safely. Taking new levels of the wall Access to new opportunities	Building confidence and resilience Open to trying new things	Teacher observation and formative assessment
		Key dates: Black History Month World Mental Health Dayt	To understand different cultures To gain a better understanding of our world and space.	Different cultures Racism rumours and name calling Preparing simple snacks	Teacher observation and formative assessment

2024	Autumn 2		Raising awareness Be confident in the kitchen	Cultural rucksack	
		PSHE: Celebrating difference	Prejudice and discrimination Bubbles of influence Challenging stereotypes Human rights and protected characteristics Bullying	Different Cultures Racism Rumours and name calling Types of Bullying Celebrating Difference Across The World Cultural rucksack	Teacher observation and formative assessment
		Computing: Understanding Technology	History of computing, then and now Introduction to office Formal letter creation	Shop roleplay. Visiting shops. Names of different shops and the types of items they sell. Identify where we buy different things.	Teacher observation and formative assessment
		Careers and offsite education: Pantomime Think Tank National Space Centre National war memorial Nottinghamshire Police HQ visit Hospitality workshop Future Chef competition	Appropriate behaviour in public venues Be open to possible career pathways Understand British history Trying new skills Confidence	Building confidence and resilience Communication skills Openness to try new things Career pathways	Teacher observation and formative assessment
		Topic: Geography	Exploring Britain through maps and trips Understanding different maps	Communication Problem solving Organisation skills	Teacher observation and formative assessment
		Key dates: Women in science day Children in need Anti bullying week Remembrance day Diwali Hannukah	To understand different cultures To gain a better understanding of our world and space. Raising awareness Be confident in the kitchen	Understanding different cultures Racism rumours and name calling Preparing simple snacks Cultural rucksack	Teacher observation and formative assessment

Spring 1	PSHE: Dreams and goals	<p>What are my dreams and goals?</p> <p>Achieving my dreams and goals</p> <p>Coping strategies</p> <p>How responsible and irresponsible choices affect my dreams and goals</p> <p>How making an irresponsible choice could affect a person's dreams and goals</p>	<p>When I Grow Up (My Dream Lifestyle)</p> <p>Investigate Jobs and Careers</p> <p>My Dream Job.</p> <p>Why I want it and the steps to get there</p> <p>Dreams and Goals of Young People in Other Cultures</p> <p>How Can We Support Each Other?</p>	Teacher observation and formative assessment
	Enrichment: Massage and aromatherapy	<p>Learn alternative ways to help relaxation.</p> <p>Develop interest in possible career pathway.</p>	<p>Building confidence and resilience</p> <p>Open to trying new things.</p>	Teacher observation and formative assessment
	Careers and offsite education: Bikeability Social enterprise workshops Trent Bridge – Snapshot site visit John Pye – visit to European HQ Cadburys world Snowden expedition training	<p>Appropriate behaviour in public venues.</p> <p>Be open to possible career pathways.</p> <p>Trying new skills.</p> <p>Confidence.</p> <p>Explore potential career pathways</p>	<p>Building confidence and resilience.</p> <p>Communication skills.</p> <p>Openness to try new things.</p> <p>Career pathways.</p>	Teacher observation and formative assessment

	<p>Topic: Citizenship</p>	<p>British identity. Politics. British values. Human rights.</p>	<p>Being British. British values. Being a citizen of my country. Challenging stereotypes.</p>	<p>Teacher observation and formative assessment</p>
	<p>Key dates: Zero Discrimination Day LGBT History Month Safer Internet Day Red Nose Day World Book Day Science Week</p>	<p>To understand different cultures. To gain a better understanding of our world and space both virtually and physically. Raising awareness.</p>	<p>Different cultures. Racism rumours and name calling. Cultural rucksack</p>	<p>Teacher observation and formative assessment</p>
Spring 2	<p>PSHE: Healthy Me</p>	<p>How to recognise and deal with anxiety and stress Healthy lifestyle choices: Good nutrition, exercise, and Sleep Healthy choices on medicines, substances and immunisation.</p>	<p>Building resilience Alcohol, Emergency Aid, Body Image, My relationship with food, healthy me.</p>	<p>Teacher observation and formative assessment</p>
	<p>Enrichment: Bikeability</p>	<p>Learn how to build and maintain a bike. Road safety</p>	<p>Keeping safe when riding a bike. To understand the dangers when riding.</p>	<p>Teacher observation and formative assessment</p>
	<p>Careers and offsite education: Snowden residential Magna Science adventure</p>	<p>Appropriate behaviour in public venues. Be open to possible career pathways. Trying new skills. Confidence.</p>	<p>Building confidence and resilience. Communication skills. Teamwork. Openness to try new things. Career pathways.</p>	<p>Teacher observation and formative assessment</p>

Summer 1	Ideagen – Careers in Tech Nottingham Careers fair			
	Topic: Nottingham Castle visit Cresswell Craggs	British identity. Politics and history. British values.	Local history. Being British. British values. Being a citizen of my country. Challenging stereotypes.	Teacher observation and formative assessment
	Key dates: ST Georges Day British science week World Book day	British identity. British values. Career pathways	Being British. British values. Cultural rucksack	Teacher observation and formative assessment
	PSHE: Relationships	Positive qualities of healthy relationships. To identify why people sometimes fall out. To understand that discernment is an important skill when being a consumer of media. To understand the personal and legal consequences of sexting.	Recognising Me. Safety with online communities. Being In an Online Community, online Gaming. My relationship with technology: Screen time My relationships with technology.	Teacher observation and formative assessment
	Enrichment:			
	Careers and offsite education: Space centre on site workshop Water based sports team building	Appropriate behaviour in public venues. Be open to possible career pathways. Understand British history. Trying new skills. Confidence.	Building confidence and resilience. Communication skills. Openness to try new things. Career pathways.	Teacher observation and formative assessment

	Army Careers day Nottingham College open day			
	Topic	Changing society and me Managing change and decision making Gender and sexual identity Gender stereotypes and sexual identity Physical and emotional changes	My changing body Having a baby Types of relationships and their impact Image and self-esteem My changing feelings	Teacher observation and formative assessment
	Key dates: National space day National numeracy day RSE day	To gain a better understanding of our world and space. Raising awareness of numeracy	Different cultures Racism rumours and name calling Communication skills Openness to try new things Career pathways	Teacher observation and formative assessment
Summer 2	PSHE: Changing me	My changing body Having a baby Types of relationships and their impacts Image and self esteem My changing feelings	Self-Image and Body Image Puberty for Girls Puberty for Boys Conception	Teacher observation and formative assessment
	Enrichment: Local visits	Appropriate behaviour in public spaces.	Learn about Nottingham and its history.	Teacher observation and formative assessment
	Careers and offsite education: Big bang event Alton Towers Sports day	Appropriate behaviour in public venues Be open to possible career pathways Understand British history Trying new skills Confidence	Building confidence and resilience Communication skills Openness to try new things Career pathways	Teacher observation and formative assessment

Midlands football festival
Rockstars challenge
East midlands airport careers workshops

Topic
History

British Empire
British culture here and around the world
Culture in Nottingham during the war

Being British
British values
Being a citizen of my country
Challenging stereotypes

Teacher observation and formative assessment

Key dates

Pride
Healthy eating week
Denewood BBQ
National school sports week
End of year celebration

To understand different cultures
Raising awareness
Preparing low cost snacks
Celebration event
Represent school at various sports

Understanding and respecting difference
Racism rumours and name calling
Preparing simple snacks
Recognising and celebrating successes

Teacher observation and formative assessment